

Dear Members,

As challenging as this past year has been, it has also been a year when we have experienced numerous acts of generosity and kindness. To those of you who voluntarily continued your membership, even though the building was closed – thank you! Those membership dues supported the work Vintage has been doing during the pandemic. Many community members have also made donations to Vintage, generously writing checks or dropping off groceries for distribution to our members. Corporations and Foundations have also stepped up in supporting Vintage during this past year. All of these gifts have allowed Vintage to continue to support seniors through food distribution, technology support, income tax and rent rebate assistance, wellness checks, self-study health program and information services. We are extremely grateful to everyone for their support!

Amazon  
Andrew R. Dorothy L. Cochrane Foundation  
Ann and Frank Cohouet Foundation  
Audrey Y. & Oliver C Ragsdale Foundation  
East Liberty Chapter #2612 AARP  
East Liberty Presbyterian Church  
Giant Eagle Foundation  
Global Links  
Highland Park Community Council  
Jack Buncher Foundation  
Jefferson Regional Foundation

Jendoco Construction Corporation  
Junior League of Pittsburgh  
Melinda Beard Memorial Fund  
Milton G. Hulme Charitable Foundation  
Mimi Bitzer Legacy Fund  
Pennsylvania Department of Aging  
PNC Charitable Trust  
The Pittsburgh Foundation  
The Wittenberg/Bonavoglia Family Fund  
United Way of Southwestern Pennsylvania  
William B. McLaughlin Charitable Trust

---

### **COVID-19 Vaccination**

For many, it is hard to believe that we are at the 14-month mark of the COVID-19 crisis. In the beginning, common questions were “*how long will this last*” and “*where can I find toilet paper*”. Those questions have shifted to “*will it ever end*” and “*have you been vaccinated*”. You may have heard the term *vaccine hesitancy*, referring to individuals who are undecided about being vaccinated. It is estimated that 20-25% of the population falls into this “wait and see” group, which makes it challenging to achieve the broad protection that will allow all of us return to normal living. If you are unsure about getting the COVID-19 vaccine, we encourage you to consult with your health care provider, and to carefully read the enclosed handout from the Centers for Disease Control. Should you decide to proceed with being vaccinated, the enclosed flyer contains details regarding the upcoming **Vaccination Clinic at Vintage on Monday, May 17.**

### **Farmers Market Vouchers**

If you received Farmers Market vouchers last year (in the spring of 2020), an application form will be mailed to you directly from the Area Agency on Aging. Please complete the form and return it following the instructions. If you are in need of assistance, or need an application form, please contact Vintage at 412-361-5003 ext. 102.

Vintage is not yet authorized to reopen for group activities – however, we have been approved to schedule individual appointments in the senior center. Call Vintage at 412-361-5003 to schedule an appointment.

Best Regards, *Vintage Staff*

**See Enclosed Flyers For Other Important Information**

# COVID-19 VACCINATION CLINIC AT VINTAGE

**MONDAY, MAY 17<sup>TH</sup> 9:30 am – 2:30 pm**

**Appointments Recommended – Walk Ins Welcome**



The Allegheny County Health Department is holding a vaccination clinic at Vintage for both first and second shots. The Moderna vaccine will be distributed, which is open to everyone age 18 and older and is 94% effective according to the Centers for Disease Control.

**Monday, May 17<sup>th</sup>, from 9:30 am – 2:30 pm.**

**Appointments Recommended – Walk Ins Welcome**

**OPEN TO THE PUBLIC – TELL YOUR FAMILY AND FRIENDS!**

**TO REGISTER BY PHONE:** Call Vintage at 412-361-5003 ext. 103

Leave your name and phone number, a staff member will return your call and assist you with your registration.



# Benefits of Getting a COVID-19 Vaccine

Updated Apr. 12, 2021

## COVID-19 vaccination will help keep you from getting COVID-19

- All COVID-19 vaccines currently available in the United States have been shown to be safe and effective at preventing COVID-19. [Learn more about the different COVID-19 vaccines.](#)
- All COVID-19 vaccines that are in development are being carefully evaluated in clinical trials and will be authorized or approved only if they make it substantially less likely you will get COVID-19. [Learn more about how federal partners are ensuring COVID-19 vaccines work.](#)
- Based on what we know about vaccines for other diseases and early data from clinical trials, experts believe that getting a COVID-19 vaccine also helps keep you from getting seriously ill even if you do get COVID-19.
- Getting vaccinated yourself may also protect people around you, [particularly people at increased risk for severe illness from COVID-19.](#)
- Experts continue to conduct studies to learn more about how COVID-19 vaccination may reduce spread of the virus that causes COVID-19.

## Once you are fully vaccinated, you can start doing more

- [After you are fully vaccinated for COVID-19](#), you may be able to start doing some things that you stopped doing because of the pandemic. For example, you can gather indoors without masks with other people who are fully vaccinated.
- We are still learning how vaccines will affect the spread of COVID-19. Until we know more about how vaccines will affect the spread of COVID-19, people who are fully vaccinated against COVID-19 should keep [taking precautions](#) in public places like wearing a mask, staying 6 feet apart from others, avoiding crowds and poorly ventilated spaces, and washing your hands often.
- People are not considered fully vaccinated until two weeks after their second dose of the [Pfizer-BioNTech](#) or [Moderna](#) COVID-19 vaccine, or two weeks after a single-dose [Johnson & Johnson's Janssen](#) COVID-19 vaccine. You should keep using all the tools available [to protect yourself and others](#) until you are fully vaccinated.

## COVID-19 vaccination is a safer way to help build protection

- COVID-19 can have [serious, life-threatening complications](#), and there is no way to know how COVID-19 will affect you. And if you get sick, you could spread the disease to friends, family, and others around you.
- Clinical trials for all vaccines must first show they are safe and effective before any vaccine can be authorized or approved for use, including COVID-19 vaccines. The known and potential benefits of a COVID-19 vaccine must outweigh the known and potential risks of the vaccine before it is used under what is known as an Emergency Use Authorization (EUA). [Watch a video explaining an EUA.](#)

- Getting COVID-19 may offer some protection, known as natural immunity. Current evidence suggests that reinfection with the virus that causes COVID-19 is uncommon in the months after initial infection, but may increase with time. The risk of severe illness and death from COVID-19 far outweighs any benefits of natural immunity. COVID-19 vaccination will help protect you by creating an antibody (immune system) response without having to experience sickness.
- Both natural immunity and immunity produced by a vaccine are important parts of COVID-19 disease that experts are trying to learn more about, and CDC will keep the public informed as new evidence becomes available.

## COVID-19 vaccination will be an important tool to help stop the pandemic

- Wearing masks and staying 6 feet apart from others help reduce your chance of being exposed to the virus or spreading it to others, but these measures are not enough. Vaccines will work with your immune system so it will be ready to fight the virus if you are exposed.
- A growing body of evidence suggests that fully vaccinated people are less likely to be infected without showing symptoms (called an asymptomatic infection) and potentially less likely to spread the virus that causes COVID-19 to others. However, further investigation is ongoing.
- Stopping a pandemic requires using all the tools we have available. As experts learn more about how COVID-19 vaccination may help reduce spread of the virus that causes COVID-19, CDC will continue to update its recommendations to protect communities using the latest science.

## COVID-19 vaccines are safe and effective

We understand that some people may be concerned about getting vaccinated now that COVID-19 vaccines are available in the United States. While more COVID-19 vaccines are [being developed](#) as quickly as possible, routine processes and procedures remain in place to [ensure the safety](#) of any vaccine that is authorized or approved for use. Safety is a top priority, and there are many reasons to get vaccinated.

## None of the COVID-19 vaccines can make you sick with COVID-19

None of the COVID-19 vaccines contain the live virus that causes COVID-19 so a COVID-19 vaccine cannot make you sick with COVID-19. Learn more [Facts about COVID-19 Vaccines](#)