IMPORTANT INFORMATION ABOUT VINTAGE RE-OPENING

Dear Vintage Member,

We understand that many of you have questions regarding the Vintage Center re-opening.

As you may know, the Governor has established a color-coded reopening plan:

RED PHASE – WORK SETTINGS

RED PHASE – SOCIAL SETTINGS

Life-sustaining businesses only	Stay at home ordered
Restrictions in place for prison, congregate care	Large gatherings prohibited
Schools closed for in-person instruction	Restaurants/Bars limited to carry-out and delivery
Most child care closed	Only travel for life-sustaining purposes

YELLOW PHASE – WORK SETTINGS

YELLOW - SOCIAL SETTINGS

Telework must continue where feasible	Stay at home restrictions lifted in favor of aggressive
	mitigation
Businesses with in-person operations must follow	Large gatherings prohibited
safety orders	
Child care open with worker and building safety	In-person retail allowed, Curbside/Delivery preferred
orders	
Restrictions in place for prison, congregate care	Indoor recreation, health and wellness facilities
	(such as gyms, spas), and all entertainment (such as
	casinos, theaters) remain closed
Schools closed for in-person instruction	Restaurants/Bars limited to carry-out and delivery

GREEN PHASE – WORK SETTINGS

GREEN – SOCIAL SETTINGS

All businesses must follow CDC (Centers for Disease Control) and PA Department of Health guidelines	Aggressive mitigation orders lifted
	Individuals must follow CDC (Centers for Disease
	Control) and PA Department of Health guidelines

Vintage has been informed by the Allegheny County Area Agency on Aging that senior centers will not be authorized to reopen until the Green Phase. That means Vintage will not reopen on Friday, May 15th when Allegheny County moves to the Yellow Phase. Vintage will remain closed for an unknown period of time. While we are all ready and anxious to get back to our regular routines, we also need to understand that extra precautions are being taken to protect those who are at particular risk of this virus, which includes those over age 65 and those with underlying health conditions.



ADDITIONAL INFORMATION

FOOD ASSISTANCE: Vintage will continue to provide meals and other food items to seniors in need. Please contact Tom at 412-361-5003 Ext. 104 to make arrangements.

INFORMATION SERVICES: The Information Office will remain open by phone to assist with questions and resources, please contact Cheryl at 412-361-5003 Ext. 102.

TAX ASSISTANCE: For those who had a prior appointment for tax assistance (which were cancelled due to the shutdown), Cheryl will call you to make arrangements for you to drop off your tax materials. Your tax return will be prepared remotely by a volunteer, and the volunteer will call you to discuss any issues. The filing deadline has been extended to July 15, 2020.

PROPERTY/TAX REBATE: Information will be available on the rebate program in July, after the federal/state tax deadline. The deadline for the rebate program has been extended to December 31, 2020 so there is plenty of time to get these applications completed.

SPECIAL EVENTS, CLASSES AND ACTIVITIES: All special events, classes and activities listed in the Spring newsletter (April-June 2020) are cancelled.

FARMERS MARKET VOUCHER DISTRIBUTION: We do not have specific information regarding Farmers Market vouchers, except that the Area Agency on Aging has told us it will be "very different" this year due to COVID-19 and there will NOT be the traditional group distribution on June 16th as originally planned.

STAYING ACTIVE AND ENGAGED: It's more important than ever to stay physically and mentally active. Take a walk, just be sure to follow the safety practices like wearing a mask and keeping 6 feet of distance between yourself and others. If you are a computer user, use one of the online SilverSneakers or YouTube resources. To keep your mind engaged, try jigsaw puzzles, crosswords or word-find games, or cards. Take up a new hobby, read a book, write letters, call a friend – plan for some physical and mental activity every day!

MASKS: A limited number of masks have been donated to Vintage. <u>If you do not have a mask</u>, please call 412-361-5003 ext. 101 and leave your name and mailing address. One per person while supplies last.

ELECTION DAY IS TUESDAY JUNE 2: The deadline to apply for a mail-in ballot is May 26. Please refer to the enclosed flyer, and call Vintage at 412-361-5003 if you need assistance with applying for a ballot.

With Warmest Regards, Ann, Cheryl, Jan, Jennifer, Linda, London, Michael, Rosemary and Tom

What You Can do if You are at Higher Risk of Severe Illness from COVID-19

Are You at Higher Risk for Severe Illness?



Based on what we know now, those at high-risk for severe illness from COVID-19 are:

- People aged 65 years and older
- People who live in a nursing home or long-term care facility

People of all ages with underlying medical conditions, particularly if not well controlled, including:

- People with chronic lung disease or moderate to severe asthma
- People who have serious heart conditions
- People who are immunocompromised
 - Many conditions can cause a person to be immunocompromised, including cancer treatment, smoking, bone marrow or organ transplantation, immune deficiencies, poorly controlled HIV or AIDS, and prolonged use of corticosteroids and other immune weakening medications.
- People with severe obesity (body mass index [BMI] of 40 or higher)
- People with diabetes
- People with chronic kidney disease undergoing dialysis
- People with liver disease

Here's What You Can do to Help Protect Yourself



Stay home if possible.



Wash your hands often.



Avoid close contact (6 feet, which is about two arm lengths) with people who are sick.



Clean and disinfect frequently touched surfaces.



Avoid all cruise travel and non-essential air travel.

Call your healthcare professional if you are sick.

For more information on steps you can take to protect yourself, see CDC's How to Protect Yourself.



cdc.gov/coronavirus

VOTING BY MAIL

Voting by mail is now an option in Pennsylvania. It's an easy, convenient, and secure way to cast your ballot.

Apply online by May 26, and return your ballot by June 2.



Apply Online

Registered voters can apply for a mail-in ballot online with a valid PA driver's license or photo I.D.

ALLEGHENY COUNTY: https://alleghenyvotes.com/

OTHER PA COUNTIES: https://www.votespa.com/Pages/default.aspx

FRAUD SQUAD ALERT

To AVOID SCAMS, Remember the Basics:

- ◆ DON'T ANSWER YOUR PHONE unless you know the caller. It's best to let it go to voicemail or answering machine.
- ◆ RETURNING A CALL? If you think you want to return a call, be sure the number is correct and you're not calling the scammer without knowing it. (Look the number up or ask someone to help you look it up.)
- Remember: The number you see on your 'caller ID' may be FAKE. Scammers can make that number look like any number they want, including Medicare and Social Security. It's called, "spoofing.
- Never give personal information of any kind to anyone who calls you.

Important Numbers to Call

- Police or Medical Emergency: 9-1-1
- Area Agency on Aging **Protective Services**: **412-350-6905**
- Area Agency on Aging **SENIOR LINE**: **412-350-5460**
- PA Attorney General Complaint Line: 1-888-777-3406 or attorneygeneral.gov
- Federal Trade Commission-Report a Scam: 1-877-382-4357 or ftc.gov

For more information or if you have questions, contact one of your Allegheny County District Attorney's **SENIOR JUSTICE ADVOCATES**:

- ♦ Cyndie Carioli (412) 983-0729. CyndieatDA@gmail.com
- ♦ Joe Giuffre (412) 427-3770 JoeatDA@gmail.com
- ♦ Dick Skrinjar (412) 512-3491 DickatDA@gmail.com