

## **VINTAGE IS OPEN!**

Dear Members,

Vintage received approval from the Allegheny County Department of Human Services/Area Agency on Aging to reopen effective June 21, 2021. We were absolutely delighted to be able to welcome our members back to the building for group activities. After a long and challenging 15 months, the first couple of weeks have been quite smooth in terms of transition. However, as you might imagine, we have been asked a variety of questions which we will answer here.

### Question: Will the hours remain 9am – 4pm?

Yes, these are our new operating hours and we expect this to be permanent. Vintage is now operating with only 6 employees and it is necessary to have our operating hours accommodate the hours worked by staff. Due to our reduced staff capacity, Vintage will no longer sell stamps or be able to provide change.

### Question: I noticed there are different people at the front desk. What happened to the Receptionist?

The front desk is now covered by volunteers. Like many businesses, Vintage had to make some difficult decisions during the COVID-19 crisis in order to remain viable. Our full-time Receptionist position, and our part-time Trip/Volunteer position, have regrettably been closed. If you are interested in helping out at the front desk as a volunteer, please see any staff member for more details.

### Question: Some of the old activities are not on the calendar. Will this change?

Yes, we will continue to add classes and activities based on attendance and available resources. Please check the calendar posted on the bulletin board across from the lunch/membership desk for the most current information. We have enclosed a copy of the current calendar, and it can also be found on our website.

### Question: When will the hot lunch resume?

We recently learned from the Allegheny County Area Agency on Aging that the hot lunch program will resume in September. Until then, you may register to pick up a frozen meal to take home with you or to heat and eat at the center, and of course you may bring lunch from home if you wish. A refrigerator for member use is located in the hall outside of the East Liberty Room.

### Question: Will Vintage's mask requirements change now that the Governor has ended the state mandate?

No, our policy will continue until further notice. If you are vaccinated, wearing a mask indoors at Vintage is recommended but not required. <u>All individuals who are not vaccinated are required to wear a mask</u>. Because we want you to feel comfortable returning to the building, we are voluntarily disclosing that all Vintage staff are fully vaccinated. Please see the enclosed handout for other important related information.

### Question: Why isn't the Arbor Café open for the entire day?

The Arbor is 100% operated by volunteers and is only open when volunteers are available. Currently, our goal is to schedule volunteers to cover 9am-1pm daily. If you are interested in helping out at the Arbor as a volunteer, please see any staff member for more details.

### Question: Why aren't there more chairs available in the Bitzer Room?

In order to receive approval to reopen the center, Vintage was required to submit a written plan to the Allegheny County Area Agency on Aging outlining our efforts to reduce risks. One of those efforts identified is to make reasonable attempts to provide for social distancing. While we understand that every person who attends a class (such as line dancing) would like to have their own chair, that would require chairs to be placed very close together. We ask for your understanding and patience as we balance our desire to remain open with the need to take reasonable safety precautions.

# Question: The morning exercise class seems to be a blend of Silver Sneakers and Enhance Fitness. Will Vintage go back to offering these as separate classes?

We intend to monitor this and will make adjustments based on attendance and available resources.

### When will trips start again?

We do not yet have a clear plan for resuming our trips program. The earliest date would be sometime in the fall, however that is very dependent on our evaluation of health and safety considerations.

### Question: Can you do anything about parking?

The short answer is no, we are fortunate to have two parking lots but understand that at peak times both lots are full. Please remember that the street parking on N. Highland and East Liberty Blvd is free and you will walk approximately the same distance from the street as from the parking lot. As a reminder, there is <u>no parking in the driveway</u> as this is a fire lane. Please see the enclosed Vintage Parking Guide.

### Question: I haven't seen a custodian, what is the status?

Vintage is currently using a company to come in and clean each day after we close. Once we are functioning at full capacity we will evaluate filling the custodian position. In the meanwhile, it would be very helpful if each person helps to keep the building clean by wiping your table after use and wiping up any spills. Brooms, dustpans and spill mops have been added to each classroom for easy access.

### Question: Will Vintage continue to send monthly mailings?

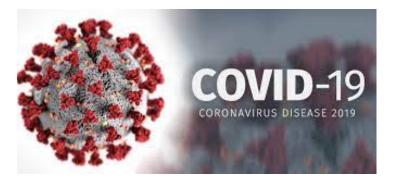
No, now that we are open we will resume our prior practice of mailing a quarterly newsletter to members. As a reminder, receiving a quarterly newsletter via mail is a membership benefit, therefore only current members will receive the fall newsletter (due end of August/early September).

### Question: I'm really happy that Vintage has reopened, how can I help keep us going?

The staff are also thrilled to be open again! There are a few things that everyone can do to help us. First, please consider volunteering some of your time – see any staff person for details. Second, if you have not already renewed your membership please do so the next time you are in the building. To keep the center clean and organized, we would greatly appreciate it if you would clean up your table and surrounding area after use, particularly if you have had a spill. In the classrooms and the exercise rooms, please return chairs to the indicated positions. If each person does this, it will save the cleaning crew and staff time and effort. Thank You!

Best Regards, Vintage Staff

See Enclosed Flyers For Other Important Information



## WHAT YOU SHOULD KNOW

By now, you have likely heard about COVID-19 variants. Viruses constantly change through mutation, and new variants of a virus are expected to occur. Some variations allow the virus to spread more easily or make it resistant to treatments or vaccines. Those variants must be monitored more carefully. The Delta variant is believed to be the most transmissible variant yet. The purpose of this information sheet is to share details regarding these variants to enable each person to make informed decisions.

- According to the Centers for Disease Control (CDC), the Delta variant seems to spread more easily and quickly than other variants, which may lead to more cases of COVID-19. An increase in the number of cases will put more strain on healthcare resources, lead to more hospitalizations, and potentially more deaths.
- "The Delta variant is currently the greatest threat in the U.S. to our attempt to eliminate Covid-19," stated Dr. Anthony S. Fauci, the nation's leading infectious disease expert. Currently in the U.S., the Delta variant accounts for 20% of all COVID-19 infections and is expected to be the dominant strain within weeks
- The vaccines currently available in the U.S. are effective at protecting most people against the Delta and other variants, and are highly effective at preventing hospitalizations, based on multiple recent studies.
- Nearly all COVID-19 deaths in the U.S. now are in people who were not vaccinated, a staggering demonstration of how effective the shots have been and an indication that deaths per day could be practically zero if everyone eligible got the vaccine. The CDC Director Dr. Rochelle Walensky said that the vaccine is so effective that "nearly every death, especially among adults, due to COVID-19, is, at this point, entirely preventable."
- Vintage will continue to monitor the data and recommendations from local, state and federal health authorities. Changes to our safety protocols, such as guidelines for wearing masks, may change if the incident rate of infections increases locally.

## **Vintage Classes** *Effective July 6, 2021*

		Monday	Tuesday	Wednesday	Thursday	Friday
Bitzer Room	AM	10 Exercise (Stephanie)	10 Exercise (Stephanie)	10 Exercise (Stephanie)	10 Exercise (Stephanie)	10 Line Dance (Linda)
	PM	1 Line Dance (Linda)	1 Zumba (video)	1 Line Dance (Stella)	1 Zumba (video)	1 Line Dance (Stella)
Homewood Room (Behind the Arbor)	AM				10 Tai Chi (Mike)	
	PM				12:30 Yoga (Katrina)	
Fitness Studio		OPEN	OPEN	OPEN	OPEN	OPEN
Membership Benefit!		9 a.m. – 4 p.m.	9 a.m. – 4 p.m.	9 a.m. – 4 p.m.	9 a.m. – 4 p.m.	9 a.m. – 4 p.m.
East Liberty Dining Room	AM	10-12 Blood Pressure/Nurse	10 Needle Crafts	10 Educational Video	10 Needle Crafts	
	PM	12:30 Bingo	12:30 Pokeno	12:30 Movie of the Week	12:30 Painting	12:30 Bingo
Larimer Room		OPEN	OPEN	OPEN	OPEN	OPEN
Spinning Room		9 a.m. – 4 p.m.	9 a.m. – 4 p.m.	9 a.m. – 4 p.m.	9 a.m. – 4 p.m.	9 a.m. – 4 p.m.
Sidney Hills Room		OPEN	OPEN	OPEN	OPEN	OPEN
TV Room		9 a.m. – 4 p.m.	9 a.m. – 4 p.m.	9 a.m. – 4 p.m.	9 a.m. – 4 p.m.	9 a.m. – 4 p.m.
Wilkinsburg Room	AM PM	10 Bible Study	12 Bridge Club	10 Memory Games 12 Bible Study		
Bloomfield Room	1 1/1	OPEN	OPEN	1 Writing OPEN	OPEN	OPEN
Card Room		9 a.m. – 4 p.m.	9 a.m. – 4 p.m.	9 a.m. – 4 p.m.	9 a.m. – 4 p.m.	9 a.m. – 4 p.m.
Point Breeze I & II		OPEN	OPEN	OPEN	OPEN	OPEN
Pool Rooms		9 a.m. – 4 p.m.	9 a.m. – 4 p.m.	9 a.m. – 4 p.m.	9 a.m. – 4 p.m.	9 a.m. – 4 p.m.
Computer Nook		OPEN	OPEN	OPEN	OPEN	OPEN
		9 a.m. – 4 p.m.	9 a.m. – 4 p.m.	9 a.m. – 4 p.m.	9 a.m. – 4 p.m.	9 a.m. – 4 p.m.
Atrium					12:30 Penny Bingo	

Additional classes will be added based on interest and available resources