

Dear Members,

Each of us are making decisions about the best way to manage during COVID-19. Some of you are very ready and anxious to come back to Vintage, while others have said that they will wait until a vaccine makes it safe to venture out. We would encourage you to stay informed, and to consult with your health care professional, as you wrestle with these decisions.

Re-Opening:

In terms of Vintage re-opening, we regret to say that we still do not have any firm information to share. As you are likely aware, Allegheny County has seen a surge in the number of cases over the past several weeks. We do not expect the Allegheny County Area Agency on Aging to make any re-opening plans until the local incident rate is lowered.

How Vintage Can Help While the Building is Closed:

For the first several months of the COVID-19 crisis, Vintage staff were making check-in calls with members. The primary goal of these calls was to provide connection and reassurance during the early phase of the crisis. As we are now beginning the 6th month of the COVID-19 crisis, the staff have turned their attention to remote programs that we can offer such as an at-home Chronic Disease Self-Management Tool Kit and Technology Support for Seniors (help with email, online shopping or banking, iPhones, or other related technology needs). The staff are available by phone if you have questions, or need assistance with access to food or any other resources. *Please see the enclosed flyer for additional details.*

Voting in the General Election:

While each person will make their own decision about voting, you should be aware that voting by mail is an option for November. We suggest that you request your mail-in ballot as soon as possible, and return it right away. Registered voters can apply for a mail-in ballot online with a valid PA driver's license or photo I.D. VISIT: <u>https://alleghenyvotes.com/.</u>

If you need help requesting a mail-in ballot, please call Cheryl Schell at 412-361-5003 ext 102.

While we understand that everyone wants to "get back to normal", we are also aware that COVID-19 poses specific risk for older adults, minorities and people with underlying health conditions. As you consider venturing out, please be aware of the risks and proceed with care.

VOTING BY MAIL IN ALLEGHENY COUNTY

Voting by mail is now an option in Pennsylvania. It's an easy, convenient, and secure way to cast your ballot.

Apply online by October 27 – although "the sooner the better"!



Apply Online

Registered voters can apply for a mail-in ballot online with a valid PA driver's license or photo I.D.

VISIT: https://alleghenyvotes.com/

NEED HELP? Call Vintage and a staff member will help you over the phone 412-361-5003 ext. 102.



The Vintage staff are available by phone if you have questions or need assistance. Please contact us at 412-361-5003.

HOW CAN WE HELP?

- <u>Check-in calls</u> will be made upon request. If you live alone, or have limited support from family/friends, ask for check-in calls from Vintage.
 Contact Linda at 412-361-5003 ext. 101.
- Information Services are available by phone. We are available to help with Rent Rebates, transportation, Census forms, and other questions you have. Contact Cheryl at 412-361-5003 ext. 102.
- Access to Food for seniors in need.
 Contact Tom at 412-361-5003 ext. 104
- Access to Masks (limit of 1 per member).
 Contact Linda at 412-361-5003 ext. 101.
- <u>Technical Support</u> to improve your computer skills and increase your access to online resources.

Contact Michael at 412-361-5003 ext. 108

 Chronic Disease Self-Management At-Home Tool Kit to learn strategies to deal with ongoing health issues like high blood pressure, diabetes, heart disease, depression, and many other conditions common in older adults.
 Contact Linda at 412-361-5003 ext. 101

ARE YOU A VETERAN?