

VINTAGE

ANNUAL REPORT



In fiscal year 2024, Vintage experienced a record increase in daily participation and became the most highly attended senior center in Allegheny County. Between July 1, 2023 and June 30, 2024, we averaged 142 participants per day, which exceeds Vintage's average daily attendance even before the pandemic. Vintage strives to be responsive to participant input and offers over 50 programs weekly to support health in body and mind. Over 115 volunteers helped Vintage throughout the year and the 10-person House Council advises staff about center programming and operations.

The Wise Neighbor Project completed its pilot year in partnership with Macedonia FACE, Highmark Wholecare, and UPMC Health Plan. As trusted community partners, we are engaging seniors and providing the support needed to close care gaps, improve social determinants of health, and empower them to age in place. Our community-based enhanced service model reaches underserved seniors through outreach, engagement, resource connections, and problem solving with staff who can go above traditional program limits to help address complex human challenges. As a result of their efforts, the program assisted 70 people in fiscal year 2024 with the most requested needs being housing, food, and social connection. This project is made possible thanks to the generous support of the Henry L. Hillman Foundation's Healthy Aging Challenge.

This year, Vintage continued to offer the Better Choices, Better Health chronic disease self-management program remotely through telephone coaching and by reintroducing the in-person classes. A total of 70 people participated in the program to learn how to manage their chronic diseases such as diabetes, arthritis and heart disease. Vintage is the only agency in Allegheny County that is licensed to provide this program, which is offered free of charge to participants across Allegheny County thanks to support from the Allegheny County Department of Human Services Area Agency on Aging.

We know that our programs are making a difference. Participant surveys consistently show that Vintage offers participants something to look forward to, provides opportunities to learn about services and benefits, and helps them take better care of their health. Eighty-nine percent (89%) of participants said that they connect with friends more often and seventy-eight percent (78%) said they feel less lonely because of attending Vintage. Eighty-one percent (81%) said they feel more able to stay independent because of Vintage and ninety percent (90%) said they are more physically active because of Vintage.

This past year demonstrated the important role that Vintage plays in the lives of participants and the community at large. Vintage is proud to carry out our mission to improve and influence the experience of aging in our community.

SERVICE STATISTICS

TOTAL CLIENTS SERVED
ACROSS VINTAGE PROGRAMS

1,279

SENIOR CENTER

- ▶ Average Daily Participation: 141.6
- ▶ Total New Participants: 374

BETTER CHOICES, BETTER HEALTH CHRONIC DISEASE SELF-MANAGEMENT TOOLKIT

- ▶ 70 Served
- ▶ Satisfaction Survey Results: The majority of participants are more confident in managing their chronic conditions, better at communicating with their doctors, and would recommend the program to friend.

SENIOR TECHNOLOGY SUPPORT PROGRAM

- ▶ 1,017 one-on-one coaching appointments with 255 unduplicated persons
- ▶ Satisfaction Survey Results: 100% of Respondents are very satisfied/satisfied with their Tech Coaching and 100% would recommend the service to a friend.

FINANCIALS

REVENUE

\$1,430,797

\$1,254,757

EXPENSES



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