



In The Vineyard

A Publication of Vintage, Inc., Comprehensive Service

Centers for Senior Adults

Summer 2012 July & August

Vintage is **CLOSED** on
Wednesday, July 4th for
Independence Day and
Monday, September 3rd
for Labor Day.

Free Fitness Studio Patron Memberships

are still available for
qualified Vintage members
thanks to a grant from PNC
Charitable Trust. See
Information & Referral staff
for details.

Many thanks to
"In The Vineyard"
Newsletter
SPONSOR:



Summer has arrived at Vintage!

It's summertime and the living is easy and fun at Vintage. Most classes remain active throughout summer. Plus there are lots of choices for trips, recreation and air-conditioned exercise as the thermometer outside rises. Our summer class schedule is available in our Information & Referral Office or on our website at www.vintageseniorservices.org.



You'll also notice that your summer newsletter is accompanied by a special letter from Ann Truxell, Vintage's Executive Director. This is a new feature. In future issues, Ann will either send a letter or write a newsletter article sharing news, views, insights, and sometimes asking for your assistance on projects which support the continued growth and development of Vintage.

SENIOR COMMUNITY CENTER EVENTS

Friday, July 13	Lunch Speaker: "Aging Related Cognitive Changes," UPMC ADAPT Program, 11:15 a.m., Dining Room
Monday, July 23	Men's Day Hot Dog Cookout, 12:00 p.m., \$2 (advance purchase)
Thu./Fri. Aug. 9/10	55 Alive Driving, 9 a.m. – 1 p.m., RSVP Front Desk
Tuesday, August 14	Theater Trip Planning Meeting, 1:00 p.m., \$1
Coming in August	Lunch Speaker: "Hip and Knee Arthritis," The Bone and Joint Center, 11:15 a.m., Dining Room
Tuesday, August 28	Vintage Annual Picnic at North Park Lodge, Tickets: \$9 Members (show Membership Card when purchasing) / \$20 Non-members. See Rosemary for tickets (limit 125) School Bus departure: 10:30 a.m. (OPT : 10:00 a.m.) Return pick-up: 2:45 p.m. (OPT: 2:30 p.m.)

WELCOME NEW MEMBERS!

Barbara A. Adams
Vera J. Carman
Vel L. Cherry
Phyllis Durrett
F. Doloris Evans
Evelyn Garthwait
Mike Geschke
Claudette Golden
Estelle Hayes
Toniya Henry

Gwendolyn Johnson
June P. Josephs
Paulette LeGrand
William Malloy
Ruth Malloy
Timothy W. McCray
Demos G. Nicholas
Ernest Pearl
Charles A. Pettiford
Judith L. Pitts

Ida G. Quinn
John Ramos
Geraldine Ryan
Joan L. Shaw
Patricia Tierney
Charlie L. Walton
Anna Williams
Dorothy Williams
Annette Williamson
Paul A. Woods

Memberships through June 12, 2012 are included.

Renewals are not included. Vintage membership is \$25 per year for individuals, \$45 per year for couples. **Giving Club** level membership is \$50. Fitness Club level membership for \$55. Other membership levels are also available. Brochures are located on the sign-in table by the Front Desk. **Remember... membership matters! Call 412-361-5003.**



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 Fax: 412-361-2737
 Web Site: www.vintageseniorservices.org

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Mission Statement

“To improve and influence the experience of aging in our community.”

Donations to Vintage Are Tax Deductible

A copy of the official registration and financial information for Vintage may be obtained from the PA Department of State by calling toll free, within Pennsylvania 800-732-0999. Registration does not imply endorsement.



A United Way Member
 Code No. 105

LOCAL TRIPS – OPT Return Pick-up on all local trips TBA

NOTE: Please arrive at least 1/2 hour before trip pick-up. OPT departure times are subject to change without notification.

**Opera Theater Summer Fest
 “CARMEN – THE GYPSY”**

Date: Saturday, July 14
Place: Shadyside Academy, Fox Chapel
Time: OPT pick-up 12:45 p.m.
Cost: \$40 Members/\$45 Non-members
Deadline: July 9 (Limit 10)

KENNYWOOD PARK

Date: Thursday, July 26
Time: OPT pick-up: 10:00 a.m.
Cost: \$19.49 admission (paid at park)
 (+ “get your own” \$10 off coupon available from Giant Eagle)

**PHIPPS CONSERVATORY
 “Summer Flower Show:
 Fountains of Youth”**

Date: Thursday, August 2
Time: OPT pick-up: 10:00 a.m.
Cost: \$11 (paid at Phipps)
 + lunch on your own (Café Phipps)
Deadline: July 27

**SANDCASTLE
 “Juke Box Sunday Nights”**

Date: Sunday, August 19
Time: OPT pick-up: 5:30 p.m.
Cost: \$8.99 (cover charge paid at park)
 + food on own (not included in cover)
Deadline: August 14

**CLO Cabaret & Buffet
 “GIRLS ONLY - The Secret
 Comedy of Women”**

Date: Thursday, August 23
Time: OPT pick-up: 11:00 a.m.
Cost: \$42 Members / \$47 Nonmembers
Deadline: July 9 (Must have 10)

Pittsburgh Zoo & PPG Aquarium

Date: Friday, September 14
Time: OPT pick-up: 10:30 a.m.
Cost: Free + lunch on your own
 (No Tram this year)
Deadline: September 7

**CLO Cabaret & Buffet
 “DIXIE’S TUPPERWARE
 PARTY”**

Date: Thursday, September 27
Time: OPT pick-up 11:00 a.m.
Cost: \$42 Members / \$47 Non-members
Deadline: August 10 (Must have 10)

SHOPPING TRIPS

Monday, July 16 –
 Ross Park Mall
Wednesday, August 8 –
 South Hills Village
OPT Pick-up: 9:30 a.m.
Return Pick-up: 2:30 p.m.
*Sign-up on the clipboards
 in the Trip Office.*

Craft Trip

Place: Catan's & Golden Corral
Date: Wednesday, July 11
Time: Pick-up: 9:30 a.m.
 Return Pick-up: 2:00 p.m.

Luncheon Trips

Time: OPT Pick-up: 10:30 a.m.
 (Bamboo Pick-up 10:45 a.m.)
 Return Pick-up: TBA.

Place: Damon’s (ribs, etc.) – Robinson
Dates: Thursday, July 19 (need 8)

Place: I-Hop
Dates: Tuesday, July 24

Place: Hokkaido Seafood Buffet
Dates: Friday, August 10

Place: Bamboo Gardens
Dates: Thursday, August 16

Bowling Trips

Place: FunFest /Restaurant
Dates: Mondays, July 9 & Aug. 13
Time: OPT Pick-up: 9:30 a.m.
 Return Pick-up: TBA

Place: Swissvale Lanes
Dates: Every other Wednesday
Time: 12:30 p.m. (No OPT)

*Sign-up on the clipboards in the
 Volunteer Center. (8 OPT tickets
 required - 12 for Craft & FunFest)*