

# In The Vinevard

A Publication of Vintage, Inc., Comprehensive Service

# Summer 2012 July & August

Vintage is CLOSED on Wednesday, July 4th for Independence Day and Monday, September 3rd for Labor Day.

# Free Fitness Studio Patron Memberships

are still available for qualified Vintage members thanks to a grant from PNC Charitable Trust. See Information & Referral staff for details.

Many thanks to "In The Vinevard" Newsletter SPONSOR:





# Summer has arrived at Vintage!

It's summertime and the living is easy and fun at Vintage. Most classes remain active throughout summer. Plus there are lots of choices for trips, recreation and air-conditioned exercise as the thermometer outside rises. Our summer class schedule is available in our Information & Referral Office or on our website at www.vintageseniorservices.org.



You'll also notice that your summer newsletter is accompanied by a special letter from Ann Truxell, Vintage's Executive Director. This is a new feature. In future issues, Ann will either send a letter or write a newsletter article sharing news, views, insights, and sometimes asking for your assistance on projects which support the continued growth and development of Vintage.

# SENIOR COMMUNITY CENTER EVENTS

Lunch Speaker: "Aging Related Cognitive Changes,", UPMC ADAPT Program, 11:15 a.m., Dining Room Friday, July 13

Monday, July 23 Men's Day Hot Dog Cookout, 12:00 p.m., \$2 (advance purchase)

Thu./Fri. Aug. 9/10 55 Alive Driving, 9 a.m. – 1 p.m., RSVP Front Desk

Tuesday, August 14 Theater Trip Planning Meeting, 1:00 p.m., \$1

Lunch Speaker: "Hip and Knee Arthritis," **Coming in August** 

The Bone and Joint Center, 11:15 a.m., Dining Room

Vintage Annual Picnic at North Park Lodge, Tickets: \$9 Tuesday, August 28

> Members (show Membership Card when purchasing) / \$20 Non-members. See Rosemary for tickets (limit 125) School Bus departure: 10:30 a.m. (OPT: 10:00 a.m.)

Return pick-up: 2:45 p.m. (OPT: 2:30 p.m.)

#### **WELCOME NEW MEMBERS!**

Barbara A. Adams Gwendolyn Johnson Vera J. Carman June P. Josephs Vel L. Cherry Paulette LeGrand Phyllis Durrett William Malloy F. Doloris Evans Ruth Mallov Evelyn Garthwait Timothy W. McCray Demos G. Nicholas Mike Geschke Claudette Golden **Ernest Pearl** Estelle Hayes Charles A. Pettiford

Toniya Henry

Ida G. Ouinn John Ramos Geraldine Ryan Joan L. Shaw Patricia Tiernev Charlie L. Walton Anna Williams **Dorothy Williams** Annette Williamson Paul A. Woods

Memberships through June 12, 2012 are included.

Judith L. Pitts

Renewals are not included. Vintage membership is \$25 per year for individuals, \$45 per year for couples. Giving Club level membership is \$50. Fitness Club level membership for \$55. Other membership levels are also available. Brochures are located on the sign-in table by the Front Remember... membership matters! Call 412-361-5003. Desk.



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Web Site: www.vintageseniorservices.org

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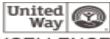
#### **Mission Statement**

"To improve and influence the experience of aging in our community."

#### **Donations to Vintage Are Tax Deductible**

A copy of the official registration and financial information for Vintage may be obtained from the PA Department of State by calling toll free, within Pennsylvania 800-732-0999. Registration does not imply endorsement.

United Way of Allegheny County



#### AWARD FOR EXCELLENCE IN HEALTH AND HUMAN SERVICES

A United Way Member Code No. 105

# LOCAL TRIPS - OPT Return Pick-up on all local trips TBA

*NOTE:* Please arrive at least 1/2 hour before trip pick-up. OPT departure times are subject to change without notification.

#### **Opera Theater Summer Fest** "ĈARMEN – THE GYPSY"

Date: Saturday, July 14

Place: Shadyside Academy, Fox Chapel

Time: OPT pick-up 12:45 p.m.

Cost: \$40 Members/\$45 Non-members

**Deadline:** July 9 (Limit 10)

#### KENNYWOOD PARK

Date: Thursday, July 26

Time: OPT pick-up: 10:00 a.m.

**Cost:** \$19.49 admission (paid at park)

(+ "get your own" \$10 off coupon

available from Giant Eagle)

#### PHIPPS CONSERVATORY "Summer Flower Show: Fountains of Youth"

Date: Thursday, August 2 Time: OPT pick-up: 10:00 a.m.

**Cost:** \$11 (paid at Phipps)

+ lunch on your own (Café Phipps)

**Deadline:** July 27

# **SANDCASTLE**

# "Juke Box Sunday Nights"

Date: Sunday, August 19 Time: OPT pick-up: 5:30 p.m. **Cost:** \$8.99 (cover charge paid at park) + food on own (not included in cover)

Deadline: August 14

#### **CLO Cabaret & Buffet** "GIRLS ONLY - The Secret Comedy of Women"

Date: Thursday, August 23 Time: OPT pick-up: 11:00 a.m.

Cost: \$42 Members / \$47 Nonmembers

**Deadline:** July 9 (Must have 10)

#### Pittsburgh Zoo & PPG Aquarium

Date: Friday, September 14 Time: OPT pick-up: 10:30 a.m. **Cost:** Free + lunch on your own (No Tram this year)

**Deadline:** September 7

#### CLO Cabaret & Buffet "DIXIE'S TUPPERWARE PARTY"

Date: Thursday, September 27 Time: OPT pick-up 11:00 a.m.

Cost: \$42 Members / \$47 Non-members

**Deadline:** August 10 (Must have 10)

### SHOPPING TRIPS

Monday, July 16 -

Ross Park Mall

Wednesday, August 8 -South Hills Village **OPT Pick-up:** 9:30 a.m. Return Pick-up: 2:30 p.m.

Sign-up on the clipboards

in the Trip Office.

# Craft Trip

Place: Catan's & Golden Corral Date: Wednesday, July 11 **Time:** Pick-up: 9:30 a.m.

Return Pick-up: 2:00 p.m.

## **Luncheon Trips**

Time: OPT Pick-up: 10:30 a.m. (Bamboo Pick-up 10:45 a.m.)

Return Pick-up: TBA.

Place: Damon's (ribs, etc.) - Robinson Dates: Thursday, July 19 (need 8)

Place: I-Hop

Dates: Tuesday, July 24

Place: Hokkaido Seafood Buffet

Dates: Friday, August 10

Place: Bamboo Gardens

Dates: Thursday, August 16

# **Bowling Trips**

Place: FunFest /Restaurant

Dates: Mondays, July 9 & Aug. 13 Time: OPT Pick-up: 9:30 a.m.

Return Pick-up: TBA

Place: Swissvale Lanes Dates: Every other Wednesday **Time:** 12:30 p.m. (No OPT)

Sign-up on the clipboards in the **Volunteer Center.** (8 OPT tickets required - 12 for Craft & FunFest)