



## Annual Report

## Fiscal Year 2013

(July 1, 2012 to June 30, 2013)

**Better. Stronger. Healthier.** At Vintage, that is our focus. Every day caring staff, active members, dedicated volunteers and loyal donors support and celebrate one another as we transform the experience of aging in our community. Every day Vintage Seniors make better choices, grow stronger and become healthier. The organization remains firmly committed to its mission: *To improve and influence the experience of aging in our community.*

**Getting Better With Age.** This year marked the 40<sup>th</sup> anniversary of Vintage. Founded in 1973 through a cooperative venture between East End Christian Church and East End Cooperative Ministries, the vision of Vintage was to provide a comprehensive service center for older adults. Today, Vintage offers independence for adults aged 60 years or more in our community and plays an important role in the lives of older adults by encouraging them to become and remain healthy and active. Vintage remains committed to serving our members and others who rely on us through our Senior Community Center, which allows more than 900 seniors to develop a social network by making and meeting new friends through programs and services like yoga, tai chi, dance and art classes, travel to museums and live performances, computer classes, health screenings, informational speakers and daily meals. The Vintage Information Office responded to 1,298 requests for information and assistance on topics such as transportation, benefits, legal, recreation, community resources, health insurance, nutrition and housing.

Vintage is also a licensed provider of Stanford University's *Chronic Disease Self-Management Program*, a 6-week workshop series for adults with chronic conditions such as arthritis, hypertension, heart disease and diabetes. Funded by the United Way of Allegheny County, these workshops are hosted in a variety of locations throughout Allegheny County and are free for participants.

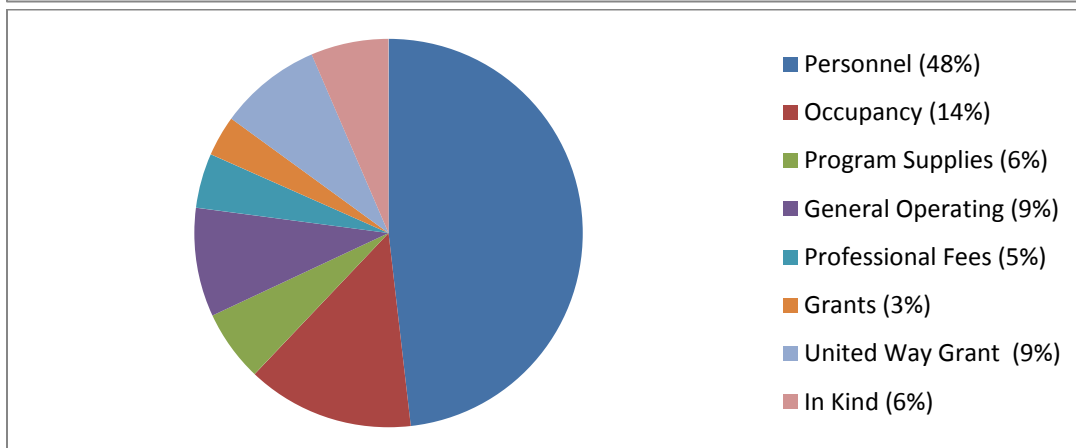
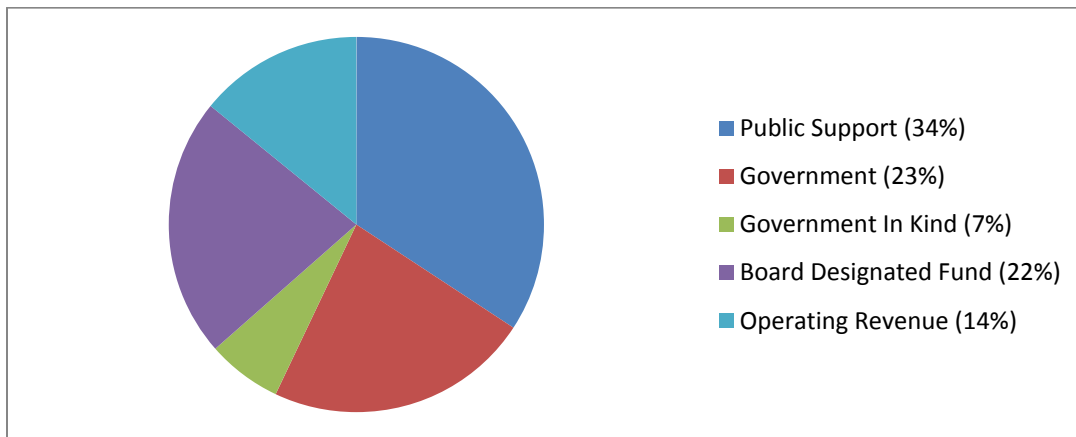
Every day Vintage seniors are changing their experience of aging. **Surrounded by a network of friends, they are seeing firsthand the possibility of remaining vibrant, active and healthy well into their later years.**

# Fiscal Summary 2013



Support & Revenue	Fiscal Year 2013
Public Support (34%)	\$ 289,716
Donations	\$ 40,240
United Way Grant	\$ 159,431
Foundation Grants	\$ 90,045
Government (23%)	\$ 192,833
Government In Kind (7%)	\$ 54,579
Board Designated Fund (22%)	\$ 189,000
Operating Revenue (14%)	\$ 119,468
<b>TOTAL SUPPORT AND REVENUE</b>	<b>\$ 845,596</b>
<b>Expenses</b>	
Personnel (48%)	\$ 406,084
Occupancy (14%)	\$ 117,296
Program Supplies (6%)	\$ 50,107
General Operating (9%)	\$ 76,324
Professional Fees (5%)	\$ 38,337
Grants (3%)	\$ 28,367
United Way Grant (9%)	\$ 71,821
In Kind (6%)	\$ 54,579
<b>TOTAL EXPENSES</b>	<b>\$ 842,915</b>
<b>SURPLUS</b>	<b>\$ 2,681</b>

Service Statistics	
Unduplicated Persons-Senior Center	951
Average Daily Attendance-Senior Center	120
Information & Assistance Contacts	1,297
Female	74%
Male	26%
Black/African-American	77%
White/Non-Minority	22%
Other	1%
Living Alone	47%
Under Age 60	3%
Age 60-69	26%
Age 70-79	35%
Age 80-84	18%
Age 85+	18%



Thanks to the generosity of our donors, Vintage is able to achieve our mission *to improve & influence the experience of aging in our community*. We are honored to thank these individuals, corporations & foundations who, together with the United Way of Allegheny County, made donations and grant awards.

## Individuals & Families

Anonymous	David Herrle	Erik G. Mosley
Donald Allen	William Holtz	LaShawn R. Neal
Tracie Ballock	Margo B. Holm	L. Theodore Neighbors
Diana Bachy	Robert Hook	Beth Nolan
Geneva Ballou	Ava Lynn Hom	John & Joan Pasteris
Kathleen Bashline	Patti & Mike Houlis	Melissa Polachek
N. Beaumont Beard	Grayson Howard	Sandra Preuhs
Melinda Beard	Lindley Reed Hunter	James and Louisa Rudolph
Dotti Bechtol	Arthur Johnson III	Dorothy Sabbio
Beverly Beisgen	Mary Elayne Jones	Virginia Schatz
Charles & Shelley Bitzer	Sherdina Jones	Cheryl Schell
John Bitzer, Jr.	Rudolph Johnson	Deborah Scriven
Judith Black	Mary Lou Karl	Jeffrey Shaffer
Joseph & Shirley Bonner	Mary Kendi	Robin Christina Shelton
Linnette Booker	Leonard and Peggy	Donald Sherwood
Deborah Boyd	Kisslinger	Charles Slater
Teri Bridgett	Philip and Alrica	Harry Smith
John Brown	Knight	Michael Smith
Peter T. Brown	John Koller	Robert Smith
Darlene Burlazzi	Joseph Koval	Dick and Ellen Spangler
Arlene Coles	Lori Lynn Kushner	William Standish
Jennifer Collins	Jeanne Laudenberg	Terry C. Stewart
Paul Davenport	John & Mary Lou Lehoczky	Thomas & Janet Sturgill
Fred Davis	Edward Lesoon, Jr.	Jane Terlion
Rosemary DePhillips	Peter Licastro	Juliann Thoms
Lawrence Deriggi	Richard A. Lockyer	Robert N. Thomson
Patricia Denson	Anthony Longo	Matthew Tremaine
Shelia Dillard	Fran & John Lopinsky	Ann Truxell
Richard & Rhoda Dorfzaun	John Lovelace	Bernadette Turner
Drew Enochs	Henry Luck	Jessie Van Swearingen
Noam Fischhoff	Sue Ann McCann	Greg Voss
Connie Finseth	Kathleen Maguire	Edna Wallace
Robert Follette	Jeanne Manders	Sharon Washington
Angela Ford	Ruby Mangham	Virginia Wellman
Cathy Frasca	Brent Massar	Ellen Whyte
Kate Freed	Kenneth Matthews	Karen R. Wright
Jo-Ann Garofolo	Art Maxwell	
Charles & Kitty Gross	Abby Middleton	
Anne Handler	Linda Moore	
Joan Heckel	Patricia Miller	



Amelia Miles Foundation through the PNC Charitable Trust  
Andrew R. & Dorothy L. Cochrane Foundation  
Buncher Family Foundation  
Calihan Fund of The Pittsburgh Foundation  
Giant Eagle Foundation  
John R. and Margaret S. McCartan Charitable Fund of The Pittsburgh Foundation  
Jendoco Construction Corporation  
Milton G. Hulme Foundaton  
The Forbes Funds

Funding from the United Way of Allegheny County supports the *Better Choices, Better Health*® program, an evidence-based program designed by Stanford University to promote self-management skills for older adults with chronic conditions.

During fiscal year 2013, Vintage conducted 17 workshops, with 234 enrollees and 173 program graduates. This is a program completion rate of 74%, which benchmarks favorably with the national average of 72%.



**Better Choices,  
Better Health**®



**AWARD FOR  
EXCELLENCE**

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