



2005-2006
**Annual
Report**



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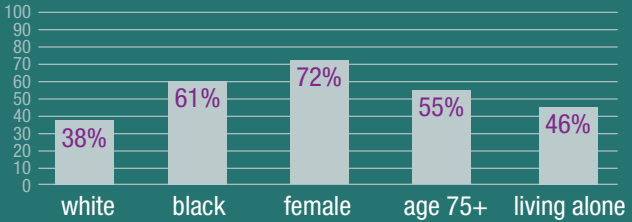
Executive Director

Linda Doman

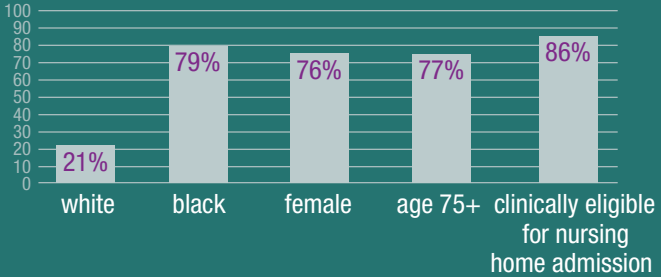
Financial Statement

Note to Financial Statement – June 30, 2006—Vintage, Inc. offers senior center and adult day programs for adults age 60 and over residing in Allegheny County. The organization was incorporated in 1973 as a nonprofit Pennsylvania corporation and is supported primarily through government grants, the United Way, donor contributions, and program related income. The corporation is exempt from federal income tax under Section 501 (c) (3) of the Internal Revenue Code. Deverson & Tanack, Certified Public Accountants, prepared the audit statement

Demographics: Senior Center

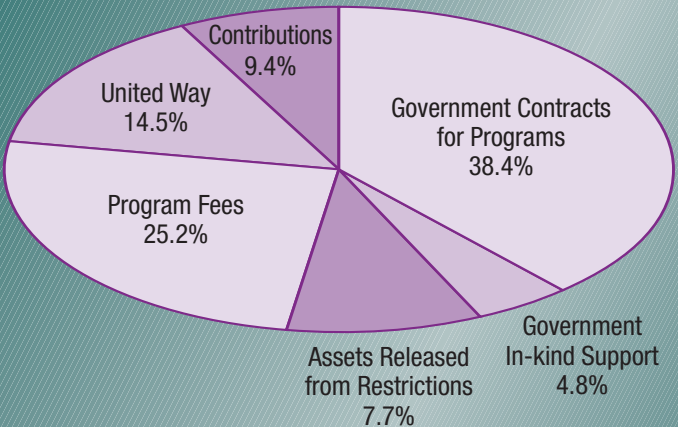


Demographics: Adult Day Services



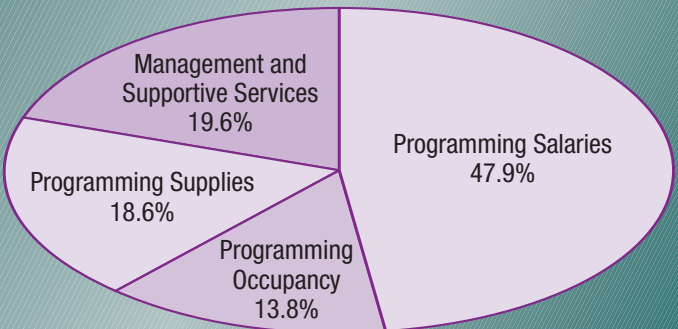
2005-2006 Revenues

TOTAL REVENUES: \$1,470,939



2005-2006 Expenses

TOTAL EXPENSES: \$1,469,667





VINTAGE focuses on what seniors *can* do, not what they *can't*. The past year demonstrated how the Senior Community Center and Adult Day Services Center help keep seniors in the community, in their homes, in the know and on the go! Of all of the statistics in this report, perhaps the most profound is that 86% of Vintage adult day service participants are clinically eligible for nursing homes.

Vintage remains true to its mission:

Positively influencing the experience of aging in **our community.**

With Allegheny County's population of those 85 years and older increasing, Vintage's work takes on even greater significance in terms of quality of life and judicious use of funding.

Partnering has been key to **Vintage's success.**

Here are some of the year's notable examples:

- The Adult Day Services Program continues contracts with the Area Agency on Aging OPTIONS Program and the Pennsylvania Department of Aging Medicaid Waiver Program. Vintage also accepts private long-term care insurance and private pay arrangements.
- Vintage is in the third year of its contract with Community LIFE. Community LIFE is a multi-provider health and human services network offering services that enable seniors to live in their homes and preserve the family support unit. Vintage provides adult day services to Community LIFE's East End participants.
- The Pittsburgh metropolitan area is one of just five sites nationally to participate in a new Medicare demonstration project, The Medical Adult Day Care Services Demonstration. Landmark Home Health Care Services, the lead agency, partnered with Vintage and nine other southwestern Pennsylvania adult day service centers to apply for the three-year demonstration project approved in April 2006. The project will test whether providing medical adult day care services as part of the home health benefit will improve patient outcomes and increase patient

“Attending
Vintage improves
my way of living.
It helps keep me
from being lonely and isolated.”

satisfaction. Potential benefits include higher utilization of existing adult day services, more socialization for the recovering patient, improved clinical outcomes, and cost-effectiveness.

- Responding to participant interest, Vintage provides additional health and wellness services that maximize available community resources. Partners include: Highmark’s SilverSneakers® Fitness Program, Visiting Nurse Foundation Stroke Survivors Connection, AARP 55 Alive Driving Program, West Penn Hospital School of Nursing, Duquesne University School of Nursing, and the Healthy Black Family Project of the Center for Minority Health, Graduate School of Public Health, University of Pittsburgh.

Services at a glance: Senior Center

Information and Referral:

Direct contact with 1,524 individuals

Senior Center Socialization and Recreation:

30,275 units of service

Senior Center Congregate Meal Program:

14,443 meals served

Senior Center Volunteer Program:

10,548 hours of service

VINTAGE’S SENIOR COMMUNITY CENTER, open on weekdays, focuses on socialization, recreation, health and wellness, information and referral for adults age 60+ who are functionally independent.

Approximately 1,100 unduplicated participants are served annually at Vintage and an additional 1,500 through information and referral services. Average daily attendance is 121 participants.



New this year is the East End Parkinson Disease Wellness Program of The Parkinson Chapter of Greater Pittsburgh. Recent research suggests that exercise plays a role in slowing the progression of the disease. Classes for individuals with Parkinson's disease feature chair-based exercise, mental and cognitive exercises and social time.

Overall over the past two years exercise units have increased by thirty percent. This year renovations of the auditorium where exercise classes are held included hardwood flooring, new chairs, tables, and windows, and a fresh coat of paint. Participation in the Soul Line Dance program has increased by 100 percent over the last year. Highmark's SilverSneakers® Fitness Program continues to be our most popular exercise program.

The serious business of Medicare coverage came into focus at the 12 sessions (260 units of service) Vintage hosted to explain the new Medicare Part D coverage.

Unique classes this year were the Batik and Story Collage series. Two of Pittsburgh's most celebrated artists Saihou Njie and Tina Brewer helped seniors turn their Batik fabric art into personal story collages.

The PALS Book Club meets alternately at Vintage and the Carnegie Library of Pittsburgh, East Liberty Branch.

At Vintage, participants can utilize Internet connected computer stations upgraded to state of the art this year through a grant from the Snee-Reinhardt Charitable Foundation.

Every senior who comes to Vintage is asked to volunteer for the benefit of the other older adults. In the past year, 137 community volunteers (the majority of whom are seniors) have contributed more than 10,500 hours.

Services at a glance: Adult Day Services

- Days of service 12,388
- 86% clinically nursing home eligible
- 115 unduplicated participants
- Adult day showers provided 387



VINTAGE ADULT DAY SERVICES, a weekday program for adults age 60+ with physical and/or mental impairments, focuses on nursing and health supports, personal care, socialization and recreation in a safe and supportive environment with caring professionals.

A licensed nurse monitors participants' health and dispenses medications. Incontinence care and personal care, including a showering service, are provided by certified nursing assistants. Nutritious lunches and snacks are served. Alzheimer's care includes secured facilities to enhance safety.

Vintage Adult Day Services. units of service (days of service) increased by 7.7 percent this year -- from 11,500 to 12,388. Vintage is the largest contracted adult day services center in Allegheny County. Approximately 115 unduplicated participants are served annually. Average daily attendance is 51 participants.

Because Adult Day Services are co-located with the Senior Community Center, innovative collaboration between the two programs meet the socialization and programming needs best suited to the person.

The majority of family members tell us that the senior family member sleeps better at night, is less agitated and has improved mental functioning. And they add, "My level of stress has been reduced and my ability to manage has improved."

QUALITY IMPROVEMENT, OUTCOMES AND EVALUATION are "givens" at Vintage. The Allegheny County Area Agency on Aging developed Quality Standards for Senior Community Programs that include requirements regarding Program Evaluation. So this year Vintage took steps to tie its process directly to the quality measures of funders while continuing to focus on the needs of participants. Internally Vintage created a five-point rating system that standardized evaluations in both Vintage program areas, Adult Day Services and Senior Center, to view strengths and weaknesses across all activities.

For fiscal year 2005-2006, on that five-point scale Adult Day programs rated a 4.5 overall, with Senior Center at 4.2. While these ratings are gratifying we aim for a perfect five. Program evaluation results are the basis of our annual Quality Improvement Plan.

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Supporting Vintage

Vintage depends on the support of individuals and organizations to provide the services and programs necessary in our community. Vintage participants and other community members have given generously through memberships, donations, grants and participation in special fundraising events. These critical gifts supplement government and other traditional funding sources that have remained relatively fixed over the past several years while expenses increase each year.

Many include Vintage in their wills. The gifts can be used for our most pressing need at the time of the gift or can be specified for a particular purpose.

This year, Vintage received two very special bequests:

Estate of Hazel M. Johnson: Ms. Johnson was a Vintage participant for 15 years, a committed supporter, and very active with the Downtown Brown Bag Program.

Mary and Walter Clyde Family Trust: Ms. Clyde was instrumental in the founding of Vintage, serving as the first president of the Board of Directors from 1973 – 1975.

Vintage recognizes the generous gifts of these women both during their lifetime and through their bequests. If you have included Vintage in your will, please let us know. If you have questions about wills or other ways to give, please contact Linda Doman, Executive Director, at 412-361-4773.

Your support is ***positively influencing the experience of aging in our community.*** Thank you.

Adult Day Services Participants by Program

- 41% PDA Waiver
- 23% Private Pay/other contracts
- 21% Community LIFE
- 15% OPTIONS



vintage

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TTD/TTY: (412) 362-2339

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www.vintageseniorservices.org

Donations to Vintage are tax deductible.

A copy of the official registration and financial information of Vintage may be obtained from PA Department of State by calling toll free within PA: 800-732-0999.

Registration does imply endorsement.

United Way donor option #:105

Vintage is sincerely grateful

to the many individuals and organizations whose generosity helps to
positively influence the experience of aging in our community.



vintage Organization Donors

Ace Lock
Adams Foundation, Inc.
Amber Glen at Forest Hills
Amelia Miles Foundation through the
PNC Advisors Charitable Trust Committee
American Society on Aging
Asia Carpet and Decorating Co.
Bookminders Inc.
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Buncher Family Foundation
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Cochrane Foundation
Community Life
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Juliet Lea Hillman Simonds Foundation
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Mann's Home Medical Products
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The Calihan Fund of The Pittsburgh Foundation
The Dancers Pointe
The Giant Eagle Foundation
The Pittsburgh Foundation
The Tight Spot Dancewear Centers
Top Hat Tuxedo, Waterworks Mall
University of Pittsburgh, School of Social Work
Western Pennsylvania Hospital
Whole Foods Market
William V. and Catherine A. McKinney Charitable Foundation



vintage Volunteer Listing

Vintage Adult Day Service Volunteer Groups

Carnegie Museum of Art, Women's Auxiliary
Community College of Allegheny County-Allegheny Campus
Dilworth Academy Elementary School
Duquesne University
ICM School of Business and Medical Careers, Occupational Therapy
Assistant Program
Kingdom Hall of Jehovah's Witnesses, Garfield Height's Congregation
Terrace Congregation of Jehovah's Witnesses
UPMC St. Margaret's School of Nursing
Western Pennsylvania Hospital Nursing Aide Intern Program

Vintage Senior Center Volunteer Groups

Peabody High School Students
Schenley Gardens
Swing City Taxi Dancers, Leslie Clark & Jo Schlesinger
The Junior League of Pittsburgh
United States Steel Corporation
Vintage House Council
Vintagers
West Penn Hospital Nursing Students



vintage Individual Donors

Allen, Barbara
Anderson, Evelyn
Atkins, Pat
Bachy, Diane
Balloch, Tracie
Banycky, Lee Ann
Barnhart, Fay
Beard, Melinda
Beard, N. Beaumont
Beisgen, Beverly
Bell, Derrick
Benn, Jo
Bittel, Keith
Bitzer, Michelle
Blenko, Walter
Bodfish, James
Bowen, Kathleen
Bowser, Marilen
Brethauer, Jill
Brevard, Doris
Broge, Donald
Brown, John
Brown, Pamela
Brown, Peter
Bryant, Alvin
Burlazzi, Darlene
Burstin, David
Burton, Gloria
Cadigan, R. E.
Cannon, Margaret
Carla, Rosario
Carr, Winn
Castle, Thomas
Chace, Gary
Chin, Gee
Claggett, Gertrude
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Cochran, Laurie
Colaianne, Chris
Cole, Mary
Coleman, Diedra
Coleman, Marie
Coles, Arlene
Collier, George
Collins, Jennifer
Cook, Lloyd
Cook, Marcia
Cooper, Douglas
Corbett, Francis
Corbett, Veronica
Craft, James
Craig, John
Crouch-Kraitchman, Marilyn
Cummins, Thomas
Daniels, Daniel
Delgado, Mary
DeNardis, Clara
DePhillips, Rosemary
Di Stazio, Frank
Diamond, Herbert

Diaz, Carmen
Dickey, Elizabeth
Dodasovich, Andrea
Doman, Linda
Dorfzaun, Richard
Dorsey, Mildred
Duncan, Edgar
Egan, Robert
Elkin, Louise
Elliott, Beverlynn
Evans, David
Figgs, Darlene
Fisher, Gerald
Fleischauer, Jean
Follette, Robert
Foster, Rita Ella
Frantz, Paula
Frasca, Cathy
Galda, Marcella
Gallagher, Nancy
Garbe, Thomas
Garofolo, Joann
Garrett, Alice
Glanz, Alex
Glanz, Lawrence
Gold, Barry
Gordon, Naomi
Govanucci, Renee
Greenlee, Ruth
Gross, Charles
Guinther, John
Gurgiolo, Bernice
Haft, Nancy
Hairston, Rebecca
Handler, Anne
Harbay, Mary
Harding, Jo
Hart, Amy
Hartman, Ann Burdick
Hatten, Essie
Hayes, John Eva
Henderson, F. Tracy
Henderson, Violet
Hills, Sidney
Holston, Patricia
Hom, Ava Lynn
Hook, Robert
Howard, Grayson
Hunt, Martha
Huntley, Linda
Jarmell, Solomon
Jennings, Robert
Jones, Cheryl
Jones, June
Karl, Mary Lou
Kelley, Lisa
Kendi, Mary
Kisslinger, Leonard
Knight, Philip
Koval, Joseph

Kucher, Val
Kuhn, Lori
Kuretich, John
Kurman, Celia
Laudenberg, Jeanne
LaValley, Leona
Lee-Mann, Allison
Lefler-Mudge, Laurie
Lehoczky, John
Lloyd, Susan
Lockyer, Richard
Lovelace, John
Lutz, Margretta
Macklin, Richard
Maguire, Kathleen
Manders, Jeanne
Mason, Barbara
McCabe, Earl
McCall, Alan
McCann, Sue
McEntee, Vanessa
McMichael, Catherine
Mitchell, Andrea
Moore Mickens, Linda
Mosley, Erik
Muto, Victoria
Myerburg, William
Neal, LaShawn
Neighbors, L. Theodore
Nitkulinec, Robin
Nowakowski, Phyllis
O'Dell, Roberta
O'Rourke, Sean
Pasteris, John
Patterson, Jean
Phillips, Stephanie
Ragsdale, Randolph
Ratley, Delmar
Rial, Martha
Ridley, Victoria
Riley, Wilma
Robinson, Annie
Rodriquez, Violeta
Rogers, Joan
Rose, Evans
Royster, Diane
Rudolph, James
Russell, Sandal
Ryzner, Eugene
Sabbio, Dorothy
Samuel, David
Sauereisen, Ferd
Schatz, Virginia
Schell, Cheryl
Schmitt, Joseph
Schreiber, Olga
Seitz, Janet
Shaffer, Jeffrey
Sherwood, Donald
Shimm, Jon

Signor, John Donald
Silverman, Lee
Simonsen, Eda
Sisson, Mary
Slivak Edmondson, Joyce
Smith, George
Smith, Nicole
Stemmerich, Barbara
Stout, J. Wilson
Strader, Sandra
Sturgill, Janet
Sturgill, Thomas
Styen, Jean
Swanson, Perry
Swart, Christopher
Szekeley, Christopher
Szymkowiak, Maxine
Takacs, Patricia
Tamres, Lisa
Taylor, James
Taylor, Marlene
Thomas, Ella
Thomas, Verna
Thoms, Juliann
Towsley, Tina
Truxell, Ann
Turner, Bernadette
Turner, Sheila
Verrilla, Mary Lois
Waggoner, Joseph
Waggoner, Susan
Wahrhaftig, Paul
Walker, Fletcher
Wallace, Edna
Waller, Ernest
Walls, Frances
Washington, Dorothy
Washington, Sharon
Wenger, Christy
West, Veronica
Weston, Beverly
Whitman, Morris
Williams, Arlene
Williams, Monearl
Wittmann, Susanne
Wood, Diane
Woolard, Kathleen
Worden, Jeff
Worrall, Thomas
Yon, Eros
Young, Lucy
Zapf, Anthony
Zebracki, Patricia